John Lewis Stock Number	54629611
Name	The Highgate
Contents	Beech's Continental Classic Collection 90g Buttermilk Chocolate Orange Fudge 175g Claire's Handmade Smoky Red Pepper Salsa Dip 200g Crunch Craving Spicy Peanuts 85g Arpeggio Catarratto Chardonnay 75cl Arpeggio Nerello Mascalese 75cl Manomasa Manchego & Green Olive 160g nibnibs Rosemary Grissini Breadsticks 125g Reids Vanilla & Walnut Shortbread 150g Taylors of Harrogate Smooth & Rich Café Brasilia Ground Coffee 227g Yorkshire Popcorn Salt & Sweet 40g
Net Quantity	Individual product weights
Manufacturer's name and address	Packer: Virginia Hayward Ltd
Suitable for vegetarians	N
Suitable for vegans	N
Suitable for nut allergy sufferers	N
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	Υ
Suitable for dairy allergy sufferers	N
Suitable for soya allergy sufferers	N
Free from alcohol	N
Free from artificial flavours	Υ
Free from artificial colours	N

Refer to following sheets for individual product information.

All information has been provided by the product manufacturers/suppliers and is correct at time of publication.

If you have a specific dietary requirement, we ask you to remain especially vigilant and to closely observe the individual nutrient and allergen information which exists on all of the individual components of the gift, prior to consumption.

If you have any doubts whatsoever as to whether the content may potentially be harmful to your health please refrain from consuming.

Name	Taylors of Harrogate Smooth & Rich Café Brasilia Ground Coffee 227g
Ingredients	Ground arabica coffee beans 100%
For allergens, see ingredients in bold	
May contain statements	N/A
Net Quantity	227g
Country of Origin	Produced in the UK (coffee origin Brazil and Africa)
Storage Instructions	Once opened seal with a clip and store in the freezer for up to 3 weeks.
Manufacturer's name and address	Taylors of Harrogate, Pagoda House, Plumpton Park, Harrogate, North Yorkshire, HG2 7LD
Instructions for use	Add 1 tablespoon (15g) of coffee per mug (250ml). Pour freshly boiled water. Stir, brew 4-5 mins, plunge.
Nutrition Labelling: Typical value	Per 100g / 100ml
energy	N/A
fat	N/A
of which saturates	N/A
carbohydrate	N/A
of which sugars	N/A
protein	N/A
salt	N/A
Alcoholic Strength	N/A
Suitable for vegetarians	Y
Suitable for vegans	Y
Suitable for nut allergy sufferers	Y
Suitable for gluten allergy sufferers	Y
Suitable to wheat allergy sufferers	Υ
Suitable for egg allergy sufferers	Υ
Suitable for dairy allergy sufferers	Υ
Suitable for soya allergy sufferers	Υ

Free from alcohol	Y
Free from artificial flavours	Υ
Free from artificial colours	Y

Name	Crunch Craving Spicy Peanuts in Pot 85g
Ingredients	Peanuts (52%), palm oil, wheat flour, rice flour, sesame seed (2%), cane sugar, chilli powder, turmeric powder, salt, pepper
For allergens, see ingredients in bold	
May contain statements	May contain traces of other nuts.
Net Quantity	16 x 85g
Country of Origin	Malaysia
Storage Instructions	Shelf life of 4 months under cool, dry ambient conditions
Manufacturer's name and address	UK Snacks Ltd, Units 2 & 3 Golden Business Park, Orient Way, Leyton, London, E10 7FE
Instructions for use	Ready to Eat
Nutrition Labelling: Typical value	Per 100g / 100ml
energy	2278kj/544kcal
fat	35.0g
of which saturates	11.0g
carbohydrate	46.0g
of which sugars	5.2g
protein	12.0g
salt	0.06g
Alcoholic Strength	N/A
Suitable for vegetarians	Y
Suitable for vegans	Y
Suitable for nut allergy sufferers	N
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	Y
Suitable for dairy allergy sufferers	Y
Suitable for soya allergy sufferers	Y

Free from alcohol	Y
Free from artificial flavours	Υ
Free from artificial colours	Y

Name	Beech's Continental Classic Collection
Ingredients	Sugar, Cocoa Butter, Cocoa Mass, Whole Milk Powder, Cocoa Mass, Sweetened Condensed Milk, Hazelnuts (2.5%), Almonds, Humectant (Sorbitol, Glycerine), Glucose Syrup, Invert Sugar, Sunflower Oil, Emulsifier (Soya Lecithin), Fat Reduced Cocoa Powder, Natural Flavouring, Anglesey Sea Salt, Anti Caking Agent (Tricalcium Phosphate), Stabiliser (Invertase), Acidity Regulator (Acetic Acid), Colour (Beetroot Red)
For allergens, see ingredients in bold	
May contain statements	N/A
Net Quantity	7 individual chocolates
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place away from strong odours and sunlight
Manufacturer's name and address	Beech's Fine Chocolates, Fletcher Road, Preston PR1 5AD
Instructions for use	N/A
Nutrition Labelling: Typical value	Per 100g / 100ml
energy	2094kj/499kcal
fat	27.6g
of which saturates	13.8g
carbohydrate	57.6g
of which sugars	50.8g
protein	5.4g
salt	0.21g
Alcoholic Strength	N/A
Suitable for vegetarians	Y
Suitable for vegans	N
Suitable for nut allergy sufferers	N
Suitable for gluten allergy sufferers	Y
Suitable to wheat allergy sufferers	Y
Suitable for egg allergy sufferers	Υ

Suitable for dairy allergy sufferers	N
Suitable for soya allergy sufferers	N
Free from alcohol	Y
Free from artificial flavours	Y
Free from artificial colours	Y

Name	Claire's Handmade Smoky Red Pepper Salsa Dip 200g
Ingredients	Tomatoes, onions, red pepper 16%, distilled malt vinegar (from barley), tomato puree, sugar, smoked paprika, spices, salt, acidity regulator: citric acid
For allergens, see ingredients in bold	
May contain statements	None
Net Quantity	200g
Country of Origin	UK
Storage Instructions	Store in a cool, dry place, away from sunlight.
Manufacturer's name and address	Claire's Handmade Ltd George Moore Estate Fletchertown Wigton Cumbria CA7 1BA
Instructions for use	Ready to eat. Once opened, refrigerate and use within 4 weeks.
Nutrition Labelling: Typical value	Per 100g
energy	319kj/75kcal
fat	0.3g
of which saturates	0g
carbohydrate	15.9g
of which sugars	15.1g
protein	1.7g
salt	0.4g
Alcoholic Strength	N/A
Suitable for vegetarians	Y
Suitable for vegans	Y
Suitable for nut allergy sufferers	Υ
Suitable for gluten allergy sufferers	Y This product contains malt vinegar which can be a source of gluten. Our vinegar supplier has confirmed that once the vinegar has been fermented only a residual trace remains. By the time we have used this in our recipe, the amount of gluten left is well below the 10ppm required to make the product 'gluten free'.

Suitable to wheat allergy sufferers	Y
Suitable for egg allergy sufferers	Y
Suitable for dairy allergy sufferers	Y
Suitable for soya allergy sufferers	Υ
Free from alcohol	Y
Free from artificial flavours	Y
Free from artificial colours	Υ

Name	Manomasa Manchego & Green Olive 160g
Ingredients	Whole white corn flour, sunflower oil, green olives (3%), roasted pimiento peppers (1%), lactose (milk), dried manchego cheese (milk), yeast extract, dried cheese (milk), salt, sugar, dried milk, dried onion, dried garlic, natural flavouring, rapeseed oil, turmeric extract
For allergens, see ingredients in bold	
May contain statements	
Net Quantity	160g
Country of Origin	UK
Storage Instructions	Store in a cool, dry place
Manufacturer's name and address	It's All Good Ltd 273 Dukesway Team Valley Trading Estate Gateshead NE11 0PZ
Instructions for use	n/a
Nutrition Labelling: Typical value	Per 100g / 100ml
energy	2139kj/ 513kcal
fat	29.3g
of which saturates	3.2g
carbohydrate	50.9g
of which sugars	1.8g
protein	7.2g
salt	1.20g
Alcoholic Strength	n/a
Suitable for vegetarians	N
Suitable for vegans	N
Suitable for nut allergy sufferers	Υ
Suitable for gluten allergy sufferers	Y
Suitable to wheat allergy sufferers	Y
Suitable for egg allergy sufferers	Υ

Suitable for dairy allergy sufferers	N
Suitable for soya allergy sufferers	Y
Free from alcohol	Y
Free from artificial flavours	Y
Free from artificial colours	Y

Name	Yorkshire Popcorn Salt & Sweet 40g
Ingredients	Popped Kernels, Rapeseed Oil, Granulated Sugar, Salt
For allergens, see ingredients in bold	
May contain statements	Unpopped corn kernels
Net Quantity	40g
Country of Origin	UK
Storage Instructions	Store in a cool dry place
Manufacturer's name and address	Yorkshire Crisps, Units 1-3 Waleswood Ind Est, Waleswood Rd, Sheffiled, S26 5PY
Instructions for use	NA
Nutrition Labelling: Typical value	Per 100g / 100ml
energy	768kj/kcal
fat	7.7g/ml
of which saturates	0,6g/ml
carbohydrate	28.4g/ml
of which sugars	7.8g/ml
protein	2.6g/ml
salt	0.5g/ml
Alcoholic Strength	NA
Suitable for vegetarians	Υ
Suitable for vegans	Υ
Suitable for nut allergy sufferers	Υ
Suitable for gluten allergy sufferers	Υ
Suitable to wheat allergy sufferers	Y
Suitable for egg allergy sufferers	Y
Suitable for dairy allergy sufferers	Y
Suitable for soya allergy sufferers	Y

Free from alcohol	Y
Free from artificial flavours	Υ
Free from artificial colours	Y

Name	nibnibs Rosemary Grissini Breadsticks
Ingredients	Wheat Flour (containing Calcium Carbonate, Iron, Niacin, Thiamin), Durum Wheat Semolina, Extra Virgin Olive Oil (10%), Yeast, Sea Salt, Rosemary (1%), Rosemary Extract
For allerger	ns, see ingredients in bold
May contain statements	none
Net Quantity	125g
Country of Origin	UK
Storage Instructions	Cool, dry place
Manufacturer's name and address	Nibnibs, 6 Barugh Close, Melmerby, Ripon, HG4 5NJ
Instructions for use	Ready to eat
Nutrition Labelling: Typical value	Per 100g
energy	417kcal
fat	11g
of which saturates	1.4g
carbohydrate	72.6g
of which sugars	1.1g
protein	11.3g
salt	1.7g
Alcoholic Strength	0%
Suitable for vegetarians	Y
Suitable for vegans	Y
Suitable for nut allergy sufferers	Y
Suitable for gluten allergy sufferers	N
Suitable to wheat allergy sufferers	N
Suitable for egg allergy sufferers	Y
Suitable for dairy allergy sufferers	Y
Suitable for soya allergy sufferers	Υ

Free from alcohol	Υ
Free from artificial flavours	Y
Free from artificial colours	Υ

N	D. (1) (1) (1) (2) (5) (4.75)
Name	Buttermilk Chocolate Orange Fudge 175g
Ingredients	sugar, glucose syrup, sweetened condensed milk (whole milk , sugar), vegetable oil (sustainable palm), cocoa mass (2%), salted butter (milk , salt), salt, acidity regulator: citric acid, natural orange oil flavouring, orange colouring (E102, E110), emulsifier: soya lecithin.
For allergens, see ingredients in bold	
May contain statements	Made in a factory which uses peanuts and tree nuts as an ingredient.
Net Quantity	100g
Country of Origin	UK
Storage Instructions	Storage: Keep in cool, dark, dry conditions. Do not refrigerate. Once open keep tightly sealed and consume within 2 weeks.
Manufacturer's name and address	Buttermilk Confections Ltd, Cooksland Ind. Estate, Bodmin, Cornwall, PL31 2QB.
Instructions for use	N/A
Nutrition Labelling: Typical value	Per 100g
energy	1847kJ/ 432 kcal
fat	14.8 g
of which saturates	7.8 g
carbohydrate	73.9 g
of which sugars	65.3 g
protein	1.2 g
salt	0.40 g
Alcoholic Strength	N/A
Suitable for vegetarians	Y
Suitable for vegans	N
Suitable for nut allergy sufferers	Υ
Suitable for gluten allergy sufferers	Υ
Suitable to wheat allergy sufferers	Y
Suitable for egg allergy sufferers	Υ

Suitable for dairy allergy sufferers	N
Suitable for soya allergy sufferers	N
Free from alcohol	Y
Free from artificial flavours	Υ
Free from artificial colours	N

Name	Arpeggio Catarratto Chardonnay 2017
Ingredients	Contains Sulphites
For allergen	ns, see ingredients in bold
May contain statements	N/A
Net Quantity	75cl
Country of Origin	Produce of Italy
Storage Instructions	Store in a cool dark place
Manufacturer's name and address	Cantine Settesoli, Menfi, 92013
Instructions for use	N/A
Nutrition Labelling: Typical value	Per 100g / 100ml
energy	70kcal
fat	0g
of which saturates	0g
carbohydrate	0g
of which sugars	0g
protein	0g
salt	0g
Alcoholic Strength	12.5%
Suitable for vegetarians	N
Suitable for vegans	N
Suitable for nut allergy sufferers	Y
Suitable for gluten allergy sufferers	Υ
Suitable to wheat allergy sufferers	Υ
Suitable for egg allergy sufferers	Y
Suitable for dairy allergy sufferers	Υ
Suitable for soya allergy sufferers	Y
Free from alcohol	N

Free from artificial flavours	Y
Free from artificial colours	Υ

Name	Arpeggio Nerello Mascalese 2017
Ingredients	Contains Sulphites
For allergen	ns, see ingredients in bold
May contain statements	N/A
Net Quantity	75cl
Country of Origin	Produce of Italy
Storage Instructions	Store in a cool dark place
Manufacturer's name and address	Cantine Settesoli, Menfi, 92013
Instructions for use	N/A
Nutrition Labelling: Typical value	Per 100g / 100ml
energy	70kcal
fat	0g
of which saturates	0g
carbohydrate	0g
of which sugars	0g
protein	0g
salt	0g
Alcoholic Strength	12.5%
Suitable for vegetarians	N
Suitable for vegans	N
Suitable for nut allergy sufferers	Y
Suitable for gluten allergy sufferers	Υ
Suitable to wheat allergy sufferers	Υ
Suitable for egg allergy sufferers	Y
Suitable for dairy allergy sufferers	Υ
Suitable for soya allergy sufferers	Υ
Free from alcohol	N

Free from artificial flavours	Y
Free from artificial colours	Υ

Name	Reids Vanilla & Walnut Shortbread
Ingredients	Wheat flour (with calcium carbonate, iron, niacin, thiamin), Butter (milk, salt), Sugar, Walnuts (6%), Cornflour, Natural Vanilla flavour (1%).
For allergens, including cereals contain	ning gluten, see ingredients in bold .
May contain statements	May also contain other Nuts and Sesame seeds.
Net Quantity	150g e
Country of Origin	Product of Scotland, United Kingdom
Storage Instructions	Store in a cool, dry place. Once opened, store in an airtight container.
Manufacturer's name and address	Reids Bakery (Thurso) LTD t/a Reids of Caithness, Unit 17 Henderson Street, Thurso, Caithness, SCOTLAND KW14 7QU
Instructions for use	
Nutrition Labelling: Typical value	Per 100g / 100ml
energy	2318 kj/ 555 kcal
fat	32.8g
of which saturates	17.9g
carbohydrate	58.4g
of which sugars	19.2g
protein	5.7g
salt	0.6g
Alcoholic Strength	n/a
Suitable for vegetarians	Y/N
Suitable for vegans	¥/N
Suitable for nut allergy sufferers	¥/N
Suitable for gluten allergy sufferers	¥/N
Suitable to wheat allergy sufferers	¥/N
Suitable for egg allergy sufferers	Y/N
Suitable for dairy allergy sufferers	¥/N
Suitable for soya allergy sufferers	Y/N

Free from alcohol	Y/N
Free from artificial flavours	Y/N
Free from artificial colours	Y/N